

# Resources serving Perkins, OK residents

The following list has been compiled by Our Daily Bread Food and Resource Center. If you have questions or comments please email [resources@ourdailybreadstillwater.org](mailto:resources@ourdailybreadstillwater.org). This list can be copied.

## **Hotline Numbers:**

Emergency: 911  
Child Abuse: 1-800-522-3511  
Domestic Violence: 405-624-3020  
National Suicide Prevention: 1-800-522-3511  
Youth Crisis: 405-377-1452

## **Local First Responders:**

### **Perkins Police Department**

120 N. Main St. Perkins, OK 74059  
(405) 547- 2855

### **Perkins Fire Department**

119 N Main St. Perkins, OK 74059  
(405) 547- 2045

## **Food Assistance:**

### **Our Daily Bread Food & Resource Center**

701 E. 12th Ave. Stillwater, OK  
(405) 533-2555

#### Shopping Session:

Monday: 1 pm - 3:30 pm  
Tuesday: 3 pm- 5:30 pm  
Thursday: 11 am - 1:30 pm  
3rd Sat. of each month: 9 am - 11:30 am  
- Residents of Payne County that meet  
USDA income guidelines

## **Disability:**

### **Oklahoma ABLE Tech**

1514 W. Hall of Fame Stillwater, OK 74078  
(405) 744-9748

#### Hours:

M-F 8:00 am - 5:30 pm  
- Assistance for individuals of all ages with disabilities across Oklahoma in need of Assistive Technology devices and services  
- Visit <https://www.okabletech.org/> to apply

## **Medical Care:**

### **Iowa Tribe Perkins Family Clinic**

509 OK-33 Perkins, OK74059  
(405) 547-2473

#### Hours:

M-F 8:30 am - 4:30 pm  
- Offers medical care for community members with or without insurance  
- Sliding scale payment options

### **Payne County Health Department**

1321 W 7th Ave. Stillwater, OK 74074  
(405) 372-8200

#### Hours:

M-F 8:00 am - 5:00 pm  
- Assistance applying for WIC  
- Immunizations  
- Nutrition counseling by appt.  
- STD services by appt.  
- Family Planning  
- Child guidance  
- Adult behavioral health

### **Stillwater Community Health Center**

821 S. Pine St. Stillwater, OK 74074  
(405) 743-3171

#### Hours:

Call for appt.  
- Assistance for 200% of poverty level, uninsured, residents of Payne County  
- Free health care and medications



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## **Grand Lake Mental Health Center Children Services**

604 S. Walnut St. Stillwater, OK 74074  
(405) 372-2202  
<https://www.glmhc.net/>

## **Grand Lake Mental Health Center Adult Services**

1624 Cimarron Plaza Stillwater, OK 74075  
(405) 372-2237  
<https://www.glmhc.net/>

## **Shelter:**

### **Payne County Youth Services**

2224 W. 12th Ave. Stillwater, OK 74074  
(405) 377-3380

\* Text "Safe" with location to 4HELP (44357) for a safe place \*

#### Hours:

M, T, TH 8:00 am - 8:00 pm  
W, F 8:00 am - 5:00 pm  
- Assistance for children, youth, and young adults ages 4-22 years old  
- Emergency Youth Shelter  
- Counseling  
- Safe Place

## **Substance Abuse:**

### **Payne County Drug Court Inc.**

608 W. Highpoint Dr. Stillwater, OK 74075  
(405) 743-1968

#### Hours:

M-W 8:30 am - 4:30 pm  
Th- F 8:30 am - 2:00 pm  
- Assistance for court ordered individuals/ residents of Payne County

## **Miscellaneous:**

### **Central Oklahoma Community Action Agency**

410 S. Lewis St. Stillwater, OK 74074  
(405) 624-2533

#### Hours:

T- F 8:00 am - 4:30 pm  
- Assistance for residents of Payne County who meet agency's income requirements  
- Utility & rent assistance  
- Clothing & Gasoline vouchers  
- Free Laundry Program

### **Salvation Army**

1101 S. Lowry St. Stillwater, OK 74074  
(405) 372- 1554

#### Hours:

M-F 9:30 am - 4:00 pm (call to make an appointment)  
- Assistance for residents of Payne County who meet USDA guidelines  
- Food bank  
- Rent and utility assistance  
- Clothing vouchers

### **Perkins Public Library**

101 E. Thomas St. Perkins, OK 74059  
(405) 547- 5185

#### Hours:

M - TH 10:00 am - 6:00 pm  
F - 10:00 am - 5:00 pm  
Sat. - 10:00 am - 1:00 pm

