



CHEESY TACO PASTA

INGREDIENTS

1 lb Ground Meat
(beef, chicken, pork,
sausage)
8 oz Dry Pasta of
choice
1 Tbsp Olive Oil
3 Garlic Cloves,
minced
1 Red Onion, diced
1 Bell Pepper, diced
2 cups Chicken Stock
8 oz Salsa
3 oz Mozzarella or
melting cheese,
shredded
3 oz Cheddar,
shredded
1 packet Taco
Seasoning
1 bunch Cilantro,
chopped (optional for
garnish)

DIRECTIONS

1. In a large sauté pan, combine oil, onions, and garlic. Cook 2 minutes.
2. Add ground meat and cook until browned.
3. Add bell peppers and cook until tender.
4. Stir in taco seasoning, pasta, and chicken stock to meat mixture.
5. Bring to a boil, reduce heat to simmer, and cover for 10 minutes.
6. Once the liquid has absorbed, add salsa and mozzarella, stir to combine.
7. Top with cheddar, cover, and let cook 2 minutes more.
8. Divide into 4 portions.
9. Top with chopped cilantro if desired

NOTES

1. Any small dry pasta will work for this recipe. (Orzo, macaroni, bowtie, small shells, etc.)
2. Can substitute any shredded cheese to preference.
3. Diced chicken or pork works well in place of ground meat.
4. If using chicken or pork, 1 small can of green chiles is a delicious addition.