

# WHAT TO KNOW BEFORE VOLUNTEERING AT



## **OUR ADDRESS**

701 E 12th Ave.  
Stillwater, OK 74074

# VOLUNTEER OPPORTUNITIES

## STOCKING

Keeping our shelves full and neat with labels facing out helps provide dignity to our guests as they choose their groceries. We need help stocking before and during shopping sessions.

## SORTING

We receive food from the Regional Food Bank of Oklahoma, as well as local grocery stores. Volunteers help us sort through it all, working together to keep our warehouse organized and items ready to stock on our shopping floor.

## SHOPPING

As a shopping assistant, you have an opportunity to know our guests, hear their stories, and provide meaningful conversation as you shop with them. You'll have the shopping list, bag the groceries as you go, and load the bags into the car for your guest.

# WEEKLY SCHEDULE FOR VOLUNTEERS

## MONDAY:

**SORTING 9:00AM-NOON**  
**SHOPPING 12:45-4:00PM**  
**STOCKING 2:00-3:00PM**

## TUESDAY:

**SORTING 10:00AM-NOON**  
**SHOPPING 2:45-6:00PM**  
**STOCKING 4:00-5:00PM**

## WEDNESDAY:

**SORTING 10:00-11:30AM**

## THURSDAY:

**SHOPPING 10:45AM-2:00PM**  
**STOCKING 12:00-1:00PM**

## FREEBIE FRIDAY:

**9:50-11:05AM**  
**SCHEDULED MONTHLY**

## 3RD SATURDAY:

**SHOPPING 8:45AM-NOON**

**SIGN UP ON OUR WEBSITE:**  
[OURDAILYBREADSTILLWATER.ORG/GIVE-TIME](http://OURDAILYBREADSTILLWATER.ORG/GIVE-TIME)

**GROUPS OVER 4 PLEASE CONTACT OUR  
VOLUNTEER COORDINATOR TO SCHEDULE  
YOUR SLOT:**

[VOLUNTEER@OURDAILYBREADSTILLWATER.ORG](mailto:VOLUNTEER@OURDAILYBREADSTILLWATER.ORG)

# YOU ARE MAKING A **DIFFERENCE**

## **OUR MISSION**

FEEDING OUR COMMUNITY  
COLLABORATIVELY AND PROVIDING  
CONNECTIONS THAT ENABLE  
LASTING CHANGE

## **CORE VALUES:**

- ADDRESSING FOOD INSECURITY
- OFFERING HEALTHY CHOICES
- CREATING SUSTAINABLE SOLUTIONS
- BUILDING COMMUNITY PARTNERSHIPS
- PROVIDING EDUCATIONAL OPPORTUNITIES
- INCREASING SELF-SUFFICIENCY
- MEETING THE NEEDS OF THE WHOLE PERSON

## **WHY WE NEED YOU**

To accomplish our mission and core values, we need volunteers! Whether you are stocking, sorting, or shopping, you are making an impact on our guest's experience and helping make it the best that it can be by providing dignity in a time of need.



# **BEFORE YOU ARRIVE**

## **CHECK OUT OUR WEBSITE**

[ourdailybreadstillwater.org/give-time](http://ourdailybreadstillwater.org/give-time)

Sign up for your preferred slot!

Read the volunteer agreement.

Read through this Flip Book!



# FAQ'S

## HOW OLD DO I NEED TO BE TO VOLUNTEER ALONE?

For your safety as well as ours, we ask that volunteers coming on their own be 16 years of age or older. If you are under the age of 16 and would like to volunteer, please come with someone who meets the age requirement and stick with them during the day!

## WHAT SHOULD I WEAR?

- 1. Longer Pants** – Not required but definitely suggested! As you are working, corners of boxes, pallets, and carts, can snag your legs, so longer pants will help protect you from scrapes.
- 2. Closed Toe Shoes** – Whichever slot you sign up for can involve lifting boxes so, closed toe shoes are recommended!
- 3. Shirts with Sleeves** – In order to maintain a professional environment for our guests and staff, we ask that you would wear shirts that have some kind of sleeve and cover your midriff. Avoid things like strapless or spaghetti strap. Short sleeve is totally fine!

# WHEN YOU ARRIVE

Park in the parking lot on the East side of the building near the tennis courts. Additional parking is located on the West side.

Enter through the Volunteer Entrance, on the East side of the building.

Sign in on the tablets at the volunteer entrance.

Make yourself a nametag.

Follow the sign to the shopping floor to connect with a staff member!



**THANK YOU  
FOR GIVING  
YOUR TIME  
TO BE HERE!**

**WE APPRECIATE  
YOU!!!**





